

La Casa Del Zorro

DESERT RESORT & SPA • BORREGO SPRINGS

S A T U R D A Y 10:00 AM (PAUL)

S U N D A Y 9:00 AM MEDITATION (PAUL)
10:00 YOGA (PAUL)

M O N D A Y 2:00 PM GENTLE YOGA
(CLAIRE)

T U E S D A Y N O C L A S S E S

W E D N E S D A Y 10:00 AM GENTLE YOGA
(PAUL)

T H U R S D A Y 10:00 AM GENTLE YOGA
(CLAIRE)

F R I D A Y N O C L A S S E S

What To Know:

We're meeting on the Event Lawn.

Please wear a mask.

Please keep 6' of distance.

Locals: BYOM (Bring Your Own Mat!)

Yoga classes are approximately 60 minutes.

Meditation classes are approximately 45 minutes.

Group classes are FREE for registered resort guests.

If you would like a private class or a class with your friends, contact Paul:

760 880 3100

info@yogasantasha.com

